

Hey, Good Lookin'

OUR HEAD-TO-TOE GUIDE TO NEW AND POPULAR
BEAUTY TREATMENTS

BY MARY KATE HOGAN

Isn't it high time to treat yourself to some beyond-the-basics care: a rejuvenating, volumizing facial to perk up your skin or a luxe treatment to repair overprocessed locks, perhaps? The top talent at our town's spas and salons can help you bring your beauty A-game, but which treatments should you book? We indulged in a few and talked to the pros to get their advice on the latest and greatest, the beauty secrets of those who always seem to shine.

MODEL BY ISTOCKPHOTO.COM/@COFFEEANDMILK

Glowing Skin



serums from Biologique Recherche.

During the procedure, special serums are applied using the micro-puncture machine. Then, while a cooling marine-based collagen mask soothes your skin, enjoy a relaxing neck, shoulder, arm and hand massage with an antiaging, hydrating moisturizer that contains essence of yams, an ingredient that also helps balance hormones. Finally, the aesthetician applies chilled cryosticks along the contours of the face for further cooling and lifting while also closing the pores. Bonus: Throughout this treatment, you'll lay on an amethyst biomat, which promotes relaxation and eases muscle tension. End result? Brighter, smoother, firmer skin and a relaxed state of mind. Another cutting-edge skin plumper at The Spa at Delamar is the **HYALURONIC ACID STRIPS** that the aesthetician applies directly to the skin to target fine lines. The special strips are created using a 3-D printer and imbued with skin-boosting serums; you can request them as an add-on to a facial.

GLOsquad

95 East Putnam Avenue
203-340-0790
glosquad.com

If you fall into the dull-skin-but-no-time-for-a-facial camp, GLOsquad has created a lineup of **QUICK SKIN FIXES BASED ON PROBIOTICS**. "People need to balance their hormones and

provide the essential nutrients needed for their skin to glow," says Michelle Baizer Cooper, GLOsquad cofounder and health and wellness expert, who recommends an at-home regimen to clients to complement the treatments offered at their skin lounge. This is the only area salon to carry Wellco, Elle McPherson's super elixir of plant-based protein, and it's been selling out, Michelle says. For maximum results and a refreshed face, try the **GLOBIOTIC YOUTH BOOST FACIAL**, which uses topical probiotics to stimulate collagen and brighten and tighten the skin. The service takes just twenty-five minutes.

Hopscotch

10 Railroad Avenue
203-661-0107
hopscotchsalon.com

Though Hopscotch is known for its hair expertise, clients are also rejuvenating their skin here with the new **DERMAPLANING** service with aesthetician Suzanna Kudzinowski, who has been written up in *Vogue*. Once a trade secret in the modeling biz, dermaplaning gently removes the outermost layer of dead skin cells and fine facial hair. This skin refresh requires no downtime and can be done as frequently as every two weeks. Suzanna also does **REJUVENATING MICROCURRENT** and **LED LIGHT TREATMENTS** in addition to her signature brow shaping.



"TO HELP MAINTAIN A RADIANT COMPLEXION YEAR-ROUND, INCORPORATING PLANT PROTEIN SOURCES AND ALKALIZING GREENS IS A MUST. OUR FAVORITES ARE WELLECO'S **SUPER ELIXIR AND NOURISHING PROTEIN.**"

— MICHELLE BAIZER COOPER & SHAWNA HAMILTON DOSTER, GLOSQUAD FOUNDERS



BEAUTY MODEL BY VIGSTUDIO © ADOBESTOCK.COM; PORTRAIT BY CASE STUDY BRANDS

The Spa at Delamar

Celebs swear by detoxing treatments, and now you can indulge in a **DETOX BODY WRAP** at The Spa at Delamar. The ninety-minute treatment combines massage techniques with Biologique Recherche algae and seaweed, plus essential oils, applied to your body, which is then wrapped in a heated blanket. The effect is detoxifying to help with slimming and cellulite

control. The aesthetician selects a blend of essential oils tailored to your body's and skin's needs. For overall skin toning and firming, the **DELUXE BODY LIFT** is a facial for the body that involves exfoliation and micro-current therapy for toning and skin tightening.

Dream Spa

151 Greenwich Avenue
203-629-2525
dreamdayspa.com

Ever book a pedicure just for the foot massage? At the new Reflex Lounge at Dream Spa, you can skip the polish but still enjoy a half hour to hour of **STRESS-RELIEVING MASSAGE AND REFLEXOLOGY**. The word "CHILL" is painted in white on the lounge's gray wall, and chill you will as your feet, arms and hands receive the royal treatment. You recline in first-class leather seating with an oversized terry-covered cushion propping up your lower legs. Depending on the service you choose, legs and feet will be scrubbed with essential oils and then treated to a soothing

masque followed by a hot stone massage. The aestheticians are trained in reflexology methods and apply pressure to appropriate points on your feet and/or hands to promote energy. The lounge's four chairs are separated by long white drapes that close to create privacy when you want to bliss-out solo or open up for friends who want to catch up and relax at the same time. Short on time? Two therapists can work at once to treat both your hands and feet in half an hour.

For a straight-up massage that's not only relaxing but healing, ask for Dalia at Dream. She has just the right touch—even her voice is soothing—and she's skilled at locating your most tense muscles and coaxing them back into shape.

J House Spa

1114 East Putnam Avenue
203-698-6980
Jhousespa.com

Need head-to-toe rejuvenation? The **PURE ZEN SERVICE** at the J House Spa, a newer boutique spa and wellness center within the hotel, combines a classic Swedish massage with a foot-refresher treatment that includes a sugar-scrub exfoliation, soothing wrap and foot massage. End with the **ANTI-AGING FACIAL** using products by Natura Bisse, customized to your skin. »



"WE USE **LIPOGEN AC** IN OUR PROFESSIONAL BODY TREATMENTS, AND DAILY AT-HOME USE SHOWS REALLY AMAZING RESULTS IN REDUCING THE SIGNS OF STUBBORN CELLULITE. I AM A HUGE FAN AND USE THIS GEM DAILY!"

— CHERYL JORDAN, REGIONAL SPA DIRECTOR, THE SPA AT DELAMAR



Body Work



BEAUTY MODEL BY ROMOLO TAVANI © ADOBESTOCK.COM

The Spa at Delamar

500 Steamboat Road
203-661-9800
delamargreenwich.com

Thanks to advances in the technology, **MICRO-NEEDLING** is one hot skin treatment right now. The process involves the tiniest of needles, often applied using a roller-type device, that inflict very minor injury to the top layer of the skin.

This triggers your skin to create new collagen (part of its normal healing process), and also allows serums to reach deeper into the skin, helping plump the face in a more natural way. Although some needling treatments can be painful and require numbing cream prior to appointments, The Spa at Delamar manages to blend relaxation and results with its new **MICRO PUNCTURE LAB**, using a machine and

Dream Hair



Warren Tricomi

1 E Putnam Avenue
212.262.8899
warrentricomi.com

At Warren Tricomi, the latest hair fix centers around new technology. "We have some exciting innovations heading to our Greenwich and NYC-based salons," says Edward Tricomi, stylist and cofounder of Warren Tricomi Salons. The game changer is a new **STEAM-CONDITIONING TREATMENT** that leaves hair looking and feeling its best. "This steaming machine treats damaged hair with microscopic water particles that go deep into the hair follicles. The mist is not only amazing for your hair, but it's a relaxing experience that we know our clients will love."

Jaafar Tazi Salon

149 Greenwich Avenue
203-340-2525
jaafartazi.com

If you're tired of dealing with damaged, lackluster hair from years of coloring or environmental wear-and-tear, the beauty buzzword to know is **OLAPLEX**. "It's changed my whole career as a colorist. It's the most innovative product being used," says veteran color pro Lea Arpell of Jaafar Tazi Salon, who raves

about Olaplex as part of her custom color process. Created by two University of California chemists with multiple patents pending, Olaplex repairs broken bonds in the hair (which make up elasticity and tensile strength) to keep hair shiny, healthy and strong, even when you're opting for the latest ombre look or going from brunette to light blonde. "All of our art looks better as a result," says Lea. Another top treatment involves **FUSIO-DOSE BY KERASTASE** and its various boosters and concentrates as part of a hair transformation that's completely custom. For instance, the stylist could mix a blend that adds body and moisture or protein and shine, depending on your hair's needs.

Becker

380 Greenwich Avenue
203-340-9550
beckersalon.com

Becker is known for delivering top-notch cuts and color at his namesake salon. Now clients can treat themselves to his **BECKER SIGNATURE TREATMENT** to retexture hair and add major shine. "The formula created by

Becker is tweaked to the individual depending on the hair's look, feel and texture," says Danielle Torres, salon manager. His cocktail of four products remedies hair troubles by demineralizing (taking out chlorine and well-water residue), strengthening texture, repairing damage and adding keratin. Schedule the treatment for one week after your cut or color.

Hopscotch

Ladies who like to stay on trend are expanding their color palettes for hair, increasingly turning to fashionably gray/silver as well as other colors, says Christian-Angel, manager of Hopscotch Salon. He notes that clients are also seeking long-term solutions for manageability. "Clients want their results to expand beyond the typical life span that Keratin treatment can provide," says Pam Wade, senior stylist and thermal reconditioning specialist. "**JAPANESE RECONDITIONING** is an easy, permanent solution to smooth locks with minimal maintenance." (See contact info on p. 110)

Toni & Guy

181 Greenwich Avenue
203-869-4500
toniguy.com

For precision cuts with European flair, talk to the Pirri brothers who command the stylists' chairs at Toni & Guy. Piero and Luigi Pirri have been doing hair in town since 1992 and recently became associated with the Toni & Guy salon group. In a modern space above Greenwich Avenue, they work with clients to determine the ideal cut and color. "Right now people are being more playful with their color," says Piero, who does specialized looks such as **OMBRE AND BALAYAGE**. "It's reminding me of Madonna and the '80s." To improve the condition of your hair, ask for the Pirri treatment: A blend of natural ingredients, including extracts such as carrot and wild cherry bark, is applied to the hair to achieve different results depending on the need, boosting shine, moisture and volume. 



"**SHU UEMURA ART OF HAIR ULTIMATE REMEDY EXTREME RESTORATION SHAMPOO** IS MY GO-TO PRODUCT FOR WEAKENED HAIR THAT IS STRESSED. IT REPAIRS, STRENGTHENS AND MOISTURIZES TO RESTORE HAIR TO OPTIMUM CONDITION OVER TIME."
— LEA LEAVIT-ARPEL,
JAAFAR TAZI SALON



HAIR MODEL BY ISTOCKPHOTO.COM/ @SOUP_STUDIO; PORTRAIT BY CASE STUDY BRANDS

NATURAL RESULTS INDIVIDUALIZED TO YOU EXCELLENCE IN PLASTIC SURGERY FOR OVER 15 YEARS FACE-BREAST-BODY



BEFORE



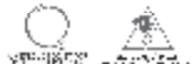
3 WEEKS AFTER

REAL PATIENT BEFORE AND 3 WEEKS AFTER
NECK LIFT AND LIPOSUCTION



ELSA RASKIN, M.D.
BOARD CERTIFIED
PLASTIC SURGEON

2 1/2 DEARFIELD DRIVE, SUITE 102, GREENWICH, CT, 06831 | 203.861.6620 | ELSARASKINMD.COM
DIPLOMATE OF THE AMERICAN BOARD OF PLASTIC SURGERY | ORACLE CONSULTANT DOCTOR 2010-2017



GREENWICH Magazine welcomes wedding announcements together with candid photographs.

Weddings should have a current Greenwich family connection and must be submitted within three months of the wedding day. We feature first marriages. Regretfully, we are unable to run every wedding submitted.

Send your wedding information to:

Ali Nichols, GREENWICH Magazine
205 Main Street, Westport, CT 06880

For a copy of our wedding information sheet, please e-mail alin@mofflymedia.com