

DO

THE SPA AT DELAMAR • GREAT SUMMER SKIN • GATHERING OF THE VIBES



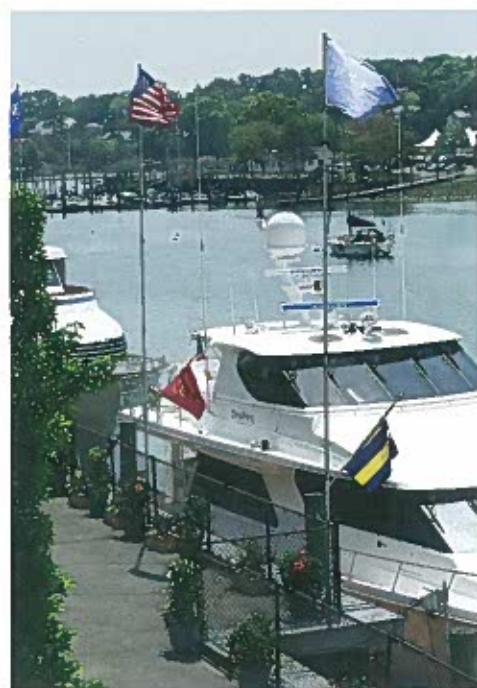
The inviting lounge area at the Spa at Delamar

Getaway Right Here



The Spa at Delamar has been one of Greenwich's best-kept secrets. But an oasis like this shouldn't be a secret from anyone

For a destination-spa experience that doesn't require travel time, ladies in the know head to the Spa at Delamar. Set on the second floor of the waterfront hotel, it's a prime spot for a staycation or girlfriends' getaway. The spa blends a luxe environment with high-tech treatments, some exclusive to our area. "I decided to offer Greenwich the products and services they were traveling to New York and Palm Beach to receive," says Georgette Mallory, spa director. The spa is the only one in town to



Luxurious products are among the perks of booking a day at the spa



SHOP AT THE SPA

LIKE THE SKIN CARE LINES, THE CLOTHING AND JEWELRY ARE HAND-PICKED BY SPA DIRECTOR GEORGETTE MALLORY. CHECK OUT GREENWICH DESIGNER LAURETTE KITTLE'S NEW LINE WALKER & WADE, A COLLECTION OF TUNICS, DRESSES AND KAFTANS MADE FROM HAND-DYED BATIKS FROM BALI, BLOCK-PRINTED FABRICS FROM INDIA AND OTHER EXOTIC FABRICS. TWO DISTINCTIVE JEWELRY LINES ARE GOLD AND SILVER PIECES BY BASHA BURWELL AND A GOLD AND SEMIPRECIOUS STONE COLLECTION BY SALLY KAY.

carry Biologique Recherche, a thirty-five-year-old French line that's rich in botanical, marine and biological extracts, as well as the Swiss antiaging line Valmont. During most treatments, clients lie on an Amethyst BioMat, an FDA-approved medical device that soothes tight muscles and stimulates detoxification as it relaxes and warms the body. Results-oriented treatments include mesotherapy and micro-current facials, yet the waiting room feels like a well-appointed living room.

"This is an extension of our home," says Georgette, who emphasizes the extensive training of the spa's estheticians and the customization of each treatment. "We have women coming from New York and making a day of it." Overnight guests can arrange for in-room yoga or pop over to SoulCycle for complimentary classes. "It's about taking care of each person at every opportunity." delamargreenwich.com —Mary Kate Hogan

SPA SERVICES

MAKEUP APPLICATION

YES, YOU CAN GET YOUR MAKEUP DONE AT MANY SALONS AND SPAS, BUT HERE YOU MAY BE WHISKED AWAY TO A HOTEL ROOM OVERLOOKING THE HARBOR, WHERE A MAKEUP ARTIST WHO'S WORKED ON TOP COVER MODELS FOCUSES ON YOU. USING THE LA BELLA DONNA MINERAL-BASED LINE, \$125.

THE ULTIMATE FACIAL

A 90-MINUTE FACIAL THAT COMBINES MICRO-CURRENT TECHNOLOGY WITH MANUAL-LIFT MASSAGE USING SERUMS AND OTHER PRODUCTS FROM **BIOLOGIQUE RECHERCHE**. THE SERVICE INCLUDES SOME BODY MASSAGE AND BECAUSE YOU'RE LYING ON AN AMETHYST BIOMAT THROUGHOUT, IT IS DOUBLY RELAXING. ADD A 30-MINUTE VALMONT MEDICAL-GRADE COLLAGEN MASK FOR EVEN LONGER-LASTING RESULTS. \$315.

MICRO-PUNCTURE LAB FACIAL

THIS STATE-OF-THE-ART TREATMENT INVOLVES MESOTHERAPY, WHICH HELPS THE SKIN TO ABSORB VITAMIN-BASED SERUMS AND COLLAGEN VIA TINY NEEDLES. RESTORES THE SKIN, TREATS DISCOLORATION AND STIMULATES COLLAGEN. \$285.

DELUXE BODY LIFT

A BODY TREATMENT THAT EXFOLIATES AND TONES USING MICRO-CURRENT SCULPTING FOR FIRMER SKIN ALL OVER. \$405

AMETHYST BIOMAT THERAPY

THOUGH THE BIOMAT IS INCLUDED IN MANY SERVICES, YOU CAN ALSO COME IN FOR 30 MINUTES ON THE MAT (THOSE WITH CHRONIC PAIN ALSO FIND THE TREATMENT THERAPEUTIC) TO RELIEVE PAIN, SOOTHE MUSCLES, STIMULATE SLEEP AND DETOXYFY. \$40.



GEORGETTE SALAD

POST-PAMPERING. ADD TO YOUR HEALTHY GLOW BY LUNCHING ON SALMON OVER A MIX OF KALE, QUINOA, AVOCADO, BLUEBERRIES AND ALMONDS, CREATED ESPECIALLY FOR THE SPA DIRECTOR BY L'ESCALE EXECUTIVE CHEF FREDERIC KIEFFER.



CHEF KIEFFER'S FRESH JUICES

THE GREEN GODDESS
kale, broccoli, spinach, cucumber, celery, pineapple

THE SUPER RED
strawberry, raspberry, blueberry, white peach, grape

THE ORANGE POWER
orange juice, grapefruit juice, lime juice, mango